

# AT 8, I COULD SPELL SCHIZOPHRENIA.

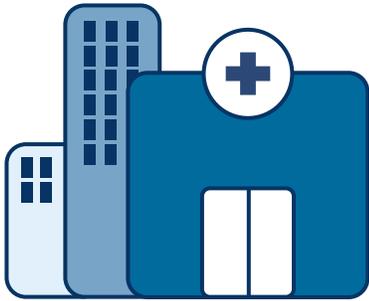
Michel's mother has been affected by schizophrenia since he was a child. This severe psychotic disorder alters perceptions, behavior and the personality of people that suffer from it. Psychotic disorders are serious mental illnesses that still carry a lot of prejudice in society.

At the Douglas Institute, we work relentlessly so that we can provide a satisfying and fulfilling life for all those who are affected by psychotic disorders. Through research, we are able to design better treatments that will improve the daily lives of patients and reduce side effects associated with medication. Our experts are focussed on detecting the early symptoms of illness as quickly as possible in order to bring those who suffer back on the path to well-being.

**It is currently estimated that around 1% of the world's population is affected by schizophrenia. In the vast majority of cases, this mental illness appears during late adolescence or early adulthood.**

## PSYCHOTIC DISORDERS

### Our current situation



According to the *Société québécoise de la schizophrénie*, about 3% of the population suffers from psychosis and it affects men and women of every race, culture, belief and socio-economic level. This group of disorders is likely caused by several pathogens including toxic psychosis, schizophrenia, bipolar disorder or delusional disorder.



It is estimated that psychotic disorders affect up to 3% of the world's population making them some of the most prevalent mental illnesses.



Research into mental illness has yet to identify the root cause of schizophrenia. The interaction between genes and several environmental factors could potentially lead to the onset of the disease.



According to the WHO, people suffering from schizophrenia are 2-3 times more likely to die of premature causes than the general population. This is in part due to comorbidity with other medical issues.

The Douglas is a leader in this field due to our team's cutting edge research and patient care for people suffering from psychotic disorders. Our team is focused on the **detection of early symptoms** and the **prevention of suffering** to make sure that patients can reintegrate into their community and be reunited with their loved ones.

To learn more about our services, visit [fondationdouglas.qc.ca](http://fondationdouglas.qc.ca)

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## PSYCHOTIC DISORDERS

### The Intensive Rehabilitation Unit (CPC3)

The Intensive Rehabilitation and Community Transition Program (CPC3) is an inpatient unit that offers a **therapeutic, safe and adapted environment** as well as specialized rehabilitation services for people suffering from severe, complex and refractory mental health disorders. The interventions aim to improve the quality of life of patients and to allow them to return to a normal life.



A guided treatment program that is based on the individual needs of patients, their families and the stage of the disease.



An extensive program that integrates clinical activities and research based on optimal treatment guidelines.



A team of specialists who provide ongoing training, knowledge transfer with other professionals and collaboration with community services to ensure a smooth follow-up with patients.

#### Did you know?

Our goal is to meet the needs of patients with a holistic view that includes the treatment of physical and mental health symptoms with ongoing support (financial literacy and subsidies, housing, psychoeducation, etc.) to ensure a full recovery. Our multidisciplinary team includes nurses, psychiatrists, family physicians, social workers and more.



Dr. David Bloom is a psychotic disorders specialist and Medical Chief of the Psychotic Disorders Program - Intellectual Disability with Psychiatric Comorbidity Program at the Douglas Institute. He is particularly interested in resistant psychotic disorders as well as movement disorders related to medication. He and his team are building hope of recovery for all patients suffering from psychotic disorders so that they can lead full lives.